

**EGD (Esophagogastroduodenoscopy)
Patient Instructions**

7 DAYS PRIOR TO PROCEDURE

Continue taking your prescribed medications, unless instructed differently.

COMPLETE the Medication History form. **BRING THIS FORM WITH YOU ON THE DAY OF YOUR PROCEDURE.**

CALL Mid Coast Medical Group - Gastroenterology at 406-7300- If you have **heart stents** (placed in the last year). You may need special instructions. We will contact the prescribing doctor of medications such as Coumadin, Plavix, Aspirin(325mg or more) and NSAIDS and we will notify you via phone or mail regarding any medication adjustment that may be needed.

4 DAYS PRIOR TO THE PROCEDURE

Continue taking your prescribed medications, unless instructed differently at your usual time.

AVOID NSAID's (nonsteroidal anti-inflammatory drugs ie: Motrin, Advil, Aleve for 5 days prior to procedure. **You may take Tylenol.**

THE DAY BEFORE YOUR PROCEDURE

Continue taking your prescribed medications, unless instructed differently at your usual time.

DO NOT eat anything after midnight the evening before the procedure.

It is important that you continue drinking clear liquids for the rest of the evening to stay hydrated.

DAY OF THE PROCEDURE

Continue taking your prescribed medications, unless instructed differently at your usual time.

IF YOU ARE DIABETIC:

Hold your diabetic medications. Bring them with you to take following you procedure.

You may have **CLEAR LIQUIDS (no milk products or liquids with pulp)** the morning of your procedure. **DO NOT DRINK** ANYTHING FOR 3 HOURS BEFORE YOUR TEST.

DO NOT DRIVE after your procedure. You will receive medication(s) which could be dangerous to drive or work for the rest of the day. If you do not have someone to drive you, the procedure will be rescheduled. Please call Mid Coast Medical Group Gastroenterology at 406-7300 to reschedule or **your procedure may have to be cancelled.**

If you have reading glasses, please bring them with you.

PLEASE PLAN TO SPEND 1 ½ to 2 HOURS AT THE HOSPITAL

NO ASPIRIN AND NSAIDs GUIDE

This guide is a list of medications that contain aspirin and NSAIDs. Aspirin and NSAIDs may increase bleeding, therefore **DO NOT TAKE** any of the products listed for 1 week prior to your procedure. Many products contain aspirin, but you may not be aware of this based on their names. Aspirin is Acetylsalicylic Acid, and is in any medication called Salicylamide or Salicylate. Please read all your medication labels carefully.

Beneath is not a complete list. Check all labels and consult with your pharmacist or call the office if you have any medication questions.

Addaprin	Celebrex	Meloxicam
Advil	Congespirin	Midol
Alka Seltzer	Darvon Compound	Motrin
Acuprin	Dayquil	Panasal
Aleve	Dimetapp Sinus	Percodan
Anacin	Ecotrin	Soma
Anacin Arthritis Pain	Empirin	Supac
Aspricaf	Encaprin	Talwin
Ascriptin	Excedrin	Vanquish
Aspergum	Fiorinal	Vioxx
Bayer Aspirin	Genpril	4-Way Cold Tablets
Bayer Children's Cold Tablets	Ibuprofen	
Bufferin		

You may take Tylenol

MEDICATION HISTORY

PATIENT NAME: _____ DOB: _____

Please complete the following section OR bring your personal medication card with you:

Include prescription medications, over the counter medications, herbal supplements and vitamins.

DRUG	DOSE	How often taken?	Route (by mouth, inhaler, injection etc.)

PHARMACY: _____ MAILORDER: _____

Address: _____ Address: _____